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## POST OPERATIVE HOME INSTRUCTIONS: LEEP (LOOP ELECTROSURGICAL EXCISION PROCEDURE)

## ALWAYS FOLLOW YOUR DOCTOR'S ORDERS IF THEY DIFFER FROM THIS SHEET

- Activity: You may increase your activity as tolerated. You should not drive until you are no longer taking pain medication.
- · Refrain from sexual intercourse for 4 weeks
- Do not lift heavy objects for one week
- Do not use tampons
- · Do not douche
- Bathe only by shower, do not take tub baths
- **Pain**: Moderate discomfort and cramping in the vaginal area and lower abdomen may be present. Take ibuprofen as directed by your physician.

## Symptoms to Report to the Doctor:

- 1. Vaginal discharge that has a very foul smell.
- 2. Any heavy vaginal bleeding.
- 3. Severe or unusual pain not relieved by pain medication
- 4. Nausea or vomiting
- 5. Fever, chills and/or temperature above 101 degrees.

## **Follow-Up Instructions:**

You should schedule a follow-up Pap smear in 4 months or as directed by your doctor.